



31<sup>st</sup> August 2016

Dear Head of PE / Swimming Co-ordinator

Swim Ulster will run the **Swim Ulster Schools Cup & Championships 2016-2017** during the weekend of 15<sup>th</sup> & 16<sup>th</sup> October 2016 in the state of the art Olympic Pool at Aurora Aquatic & Leisure Complex in Bangor. Last year's event was extremely successful – for highlights of last year's competition please go to <https://www.youtube.com/watch?v=RaNQ97tBQtQ>

The gala will be fully insured and run in accordance with Swim Ireland licencing rules. It will be the **only** pathway through which swimmers can qualify for the Irish Minor Schools Gala 12<sup>th</sup> February 2017 and the Irish Senior Interprovincial Gala 29<sup>th</sup> April 2017.

Swim Ulster Ltd (originally founded in 1893 as the Ulster Branch of the Irish Amateur Swimming Association) was founded in 2005 and has a long history of promoting both participation and competitive swimming in the Region. We are a sub region of Swim Ireland and as such are recognised as the governing body for all aquatic sports in Ulster. Swim Ulster exists to promote and develop the Aquatic Sports in Ulster in line with the Swim Ireland National Plan. Swim Ulster will organise the team for the Irish Senior Interprovincial Gala in 2017. The selection criteria for this team is included in the Meet Conditions attached.

The gala will be split into 2 sections

**Saturday 15<sup>th</sup> October 2015 – Groups 1 - 4 :**

- Group 1 – 9&u – Born 1<sup>st</sup> September to 2007 to 31<sup>st</sup> August 2010
- Group 2 – 10 – Born 1<sup>st</sup> September 2006 to 31<sup>st</sup> August 2007
- Group 3 – 11 – Born 1<sup>st</sup> September 2005 to 31<sup>st</sup> August 2006
- Group 4 – 12 – Born 1<sup>st</sup> September 2004 to 31<sup>st</sup> August 2005

**Sunday 16<sup>th</sup> October 2015 – Groups 5 – 7 :**

- Group 5 - Junior 12-14 – Born 1<sup>st</sup> September 2002 – 31<sup>st</sup> August 2005
- Group 6 - Intermediate 15-16 – Born 1<sup>st</sup> September 2000 – 31<sup>st</sup> August 2002
- Group 7 – Senior 17-19 – Born – Born 1<sup>st</sup> September 1997 – 31<sup>st</sup> August 2000

Please find attached Meet Conditions for the Gala. Entry forms and payment should be received by the Swim Ulster office by 5pm on Wednesday 28<sup>th</sup> September 2016. If you have any queries about these Championships please email [admin@swimulster.net](mailto:admin@swimulster.net) or telephone 02891 877581.

Many thanks

A handwritten signature in black ink, appearing to read "Stephen Cuddy".

**Stephen Cuddy**  
Operations Manager