



Autumn, Spring & Easter Qualifying Galas 2017-2018

Meet Information

Meet	Date	Venue	Closing Date for Entries / Payment
Autumn Qualifying Gala (SC)	14 th , 15 th & 16 th October 2017	Lisburn	2 nd October 2017
Spring Qualifying Gala (SC)	2 nd , 3 rd & 4 th February 2018	Lisburn	22 nd January 2018
Easter Qualifying Gala (LC)	9 th , 10 th & 11 th March 2018	Bangor Aurora	26 th February 2018

Age Groups:

Minimum entry age is 10yrs

Male: 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17 & older

Female: 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16 & older

Age Up Date:

Autumn Qualifying Gala – 31st December 2017

Spring & Easter Qualifying Galas – 31st December 2018

Events:

A full Olympic 2020 Programme plus 50m Backstroke, Breaststroke and Butterfly, 100 Individual Medley (if held in a 25m pool)

All events are Heat Declared Winner

Awards:

Medals will be awarded to the fastest 3 swimmers in each age group in each event.

Multi Class/Disability Athletes :

Swimmers with a disability who have achieved the qualifying time for any event will be subject to all the terms of open competition and will not be eligible for a separate Multi Class Award. Other Ulster Regional Disability Squad swimmers, who have not achieved a qualifying time will, as far as is practical, swim together in a Multi-Class heat and medals will be awarded to the first 3 places irrespective of classification and age.

Entries:

Swimmers entering these meets must be a registered member of an affiliated club. Entries to be emailed to admin@swimulster.net. All entries must be submitted on the meet Hy-tek file and include a time – entries will NOT be accepted without a time. All times must be achieved during the 12 months prior to the entry closing date. The Swim Ireland Registration number for each swimmer must be included in the file.

Price: £5 / €5.50 per event. Payment should be forwarded to the Swim Ulster Office by the closing date.

Progression from Development Meets:

Once a swimmer has achieved the criteria outlined below they can enter ANY event for which they have achieved a Qualifying Time plus a maximum of three bonus swims:

- 10yrs – 100m IM (legal & head past flags on streamline) plus 2 other qualifying times from eligible events.
- 11&over – 200m IM (legal & head past flags on streamline) plus 2 other qualifying times from eligible events.

Swimmers must achieve the IM qualifying time in a Swim Ulster Development Meet however they can achieve the two additional qualifying times in a Club Meet. A list of swimmers achieving the required streamlining standard will be circulated to clubs following each Development Meet. It is the responsibility of coaches to refer to this list when submitting entries.

Swimmers who competed in the Qualifying Meets during the 2016-2017 season:

1. **Swimmers aged 10-11yrs** must achieve qualifying times in the following events:
 - a. 10yrs – 100m IM plus 2 other qualifying times from eligible events.
 - b. 11yrs – 200m IM plus 2 other qualifying times from eligible events.
2. **Swimmers aged 12&over** must achieve any three published qualifying times for their respective age group.

The swimmer can then enter **ANY** event for which they have achieved a Qualifying Time plus a maximum of three bonus swims.



Programme of Events

Autumn Qualifying Gala (SC)	Spring Qualifying Gala (SC)	Easter Qualifying Gala (LC)
Session 1 Friday **Warm up 5pm Start 6pm	Session 1 Friday **Warm up 5pm Start 6pm	Session 1 Friday **Warm up 5pm Start 6pm
Female 800m Freestyle	Mixed 800m Freestyle	Mixed 800m Freestyle
Male 1500m Freestyle	Mixed 1500 Freestyle	Mixed 1500 Freestyle
Session 2 Sat AM **Warm up 9am Start 10am	Session 2 Sat AM **Warm up 9am Start 10am	Session 2 Sat AM **Warm up 9am Start 10am
Female 400 Individual Medley	Male 400 Individual Medley	Female 400 Individual Medley
Male 200 Individual Medley	Female 200 Individual Medley	Male 200 Individual Medley
Female 100 Butterfly	Male 100 Butterfly	Female 100 Butterfly
Male 200 Backstroke	Female 200 Backstroke	Male 200 Backstroke
Female 100 Breaststroke	Male 100 Breaststroke	Female 100 Breaststroke
Male 100 Freestyle	Female 100 Freestyle	Male 100 Freestyle
Female 50 Butterfly	Male 50 Butterfly	Female 50 Butterfly
Male 50 Backstroke	Female 50 Backstroke	Male 50 Backstroke
Session 3 Sat PM **Warm up 1pm Start 2pm	Session 3 Sat PM **Warm up 1pm Start 2pm	Session 3 Sat PM **Warm up 1pm Start 2pm
Male 400 Freestyle	Female 400 Freestyle	Male 400 Freestyle
Female 200 Freestyle	Male 200 Freestyle	Female 200 Freestyle
Male 200 Breaststroke	Female 200 Breaststroke	Male 200 Breaststroke
Female 100 Backstroke	Male 100 Backstroke	Female 100 Backstroke
Male 200 Butterfly	Female 200 Butterfly	Male 200 Butterfly
Female 50 Freestyle	Male 50 Freestyle	Female 50 Freestyle
Male 50 Breaststroke	Female 50 Breaststroke	Male 50 Breaststroke
Female 100IM	Male 100IM	
Session 4 Sun AM **Warm up 9am Start 10am	Session 4 Sun AM **Warm up 9am Start 10am	Session 4 Sun AM **Warm up 9am Start 10am
Male 400 Individual Medley	Female 400 Individual Medley	Male 400 Individual Medley
Female 200 Individual Medley	Male 200 Individual Medley	Female 200 Individual Medley
Male 100 Butterfly	Female 100 Butterfly	Male 100 Butterfly
Female 200 Backstroke	Male 200 Backstroke	Female 200 Backstroke
Male 100 Breaststroke	Female 100 Breaststroke	Male 100 Breaststroke
Female 100 Freestyle	Male 100 Freestyle	Female 100 Freestyle
Male 50 Butterfly	Female 50 Butterfly	Male 50 Butterfly
Female 50 Backstroke	Male 50 Backstroke	Female 50 Backstroke
Session 5 Sun PM **Warm up 1pm Start 2pm	Session 5 Sun PM **Warm up 1pm Start 2pm	Session 5 Sun PM **Warm up 1pm Start 2pm
Female 400 Freestyle	Male 400 Freestyle	Female 400 Freestyle
Male 200 Freestyle	Female 200 Freestyle	Male 200 Freestyle
Female 200 Breaststroke	Male 200 Breaststroke	Female 200 Breaststroke
Male 100 Backstroke	Female 100 Backstroke	Male 100 Backstroke
Female 200 Butterfly	Male 200 Butterfly	Female 200 Butterfly
Male 50 Freestyle	Female 50 Freestyle	Male 50 Freestyle
Female 50 Breaststroke	Male 50 Breaststroke	Female 50 Breaststroke
Male 100IM	Female 100IM	

****Session times may be changed if there are a large number of entries**



**Swim Ulster Qualifying Meets 2017-2018
(Autumn, Spring & Easter)
Short Course Qualifying Times**

Male									Female							
10	11	12	13	14	15	16	Open	Events	Open	16	15	14	13	12	11	10
							00:27.32	50Free	00:30.89							
01:25.43	01:20.74	01:15.96	01:11.24	01:07.80	01:05.10	01:02.40	00:59.09	100Free	01:06.18	01:09.05	01:10.49	01:10.67	01:12.20	01:15.97	01:20.72	01:25.43
	02:58.89	02:46.45	02:35.47	02:31.00	02:26.85	02:20.64	02:12.04	200Free	02:24.58	02:30.93	02:33.47	02:34.52	02:37.32	02:46.58	02:57.13	
		05:59.54	05:40.09	05:18.29	05:15.09	05:02.68	04:50.17	400Free	05:09.08	05:27.83	05:30.50	05:33.17	05:46.31	06:04.21		
								800Free	10:48.05	11:33.00	11:36.15	11:46.33	12:03.98	12:48.53		
		23:49.17	22:31.86	21:05.20	20:34.18	20:03.16	19:13.44	1500Free								
							00:33.48	50Back	00:35.90							
01:36.50	01:34.91	01:30.43	01:24.89	01:21.79	01:19.25	01:16.72	01:10.28	100Back	01:15.59	01:19.98	01:21.25	01:22.45	01:23.50	01:27.08	01:31.86	01:36.50
	03:20.77	03:17.49	03:03.37	02:59.34	02:53.58	02:47.82	02:38.15	200Back	02:45.08	02:55.15	02:56.38	02:58.74	03:01.63	03:08.29	03:17.10	
							00:38.98	50Breast	00:41.63							
01:52.55	01:48.25	01:42.72	01:38.33	01:35.02	01:29.57	01:27.30	01:20.12	100Breast	01:26.82	01:31.42	01:30.59	01:34.59	01:37.06	01:40.38	01:46.44	01:52.55
	03:54.31	03:43.76	03:34.37	03:18.74	03:14.03	03:09.32	02:58.89	200Breast	03:10.58	03:18.47	03:26.36	03:26.91	03:32.91	03:38.52	03:44.83	
00:43.77	00:41.71	00:37.20					00:30.39	50Fly	00:34.41					00:37.51	00:40.17	00:43.77
	01:34.41	01:25.11	01:23.95	01:22.79	01:18.58	01:14.09	01:06.40	100Fly	01:14.04	01:19.50	01:23.24	01:24.29	01:25.34	01:31.45	01:36.02	
	03:28.53	03:18.58	03:10.27	03:03.02	02:57.14	02:51.26	02:40.07	200Fly	02:56.64	03:07.54	03:10.63	03:13.71	03:16.92	03:20.49	03:30.51	
01:41.81							01:16.62	100IM	01:21.15							01:41.81
	03:24.97	03:11.60	03:00.95	02:55.45	02:41.94	02:37.12	02:32.30	200IM	02:44.60	02:54.26	02:55.53	02:59.74	03:00.22	03:08.71	03:19.93	
		06:44.61	06:23.30	06:12.30	05:53.97	05:35.65	05:26.01	400IM	05:57.04	06:09.92	06:12.47	06:17.15	06:21.84	06:38.81		



**Swim Ulster Qualifying Meets 2017-2018
(Autumn, Spring & Easter)
Long Course Qualifying Times**

Male									Female							
10	11	12	13	14	15	16	Open	Events	Open	16	15	14	13	12	11	10
							00:27.86	50Free	00:31.51							
01:27.13	01:22.36	01:17.48	01:12.66	01:09.15	01:06.40	01:03.64	01:00.27	100Free	01:07.50	01:10.43	01:11.90	01:12.08	01:13.64	01:17.49	01:22.34	01:27.13
	03:02.47	02:49.78	02:38.58	02:34.02	02:29.78	02:23.45	02:14.68	200Free	02:27.47	02:33.95	02:36.54	02:37.61	02:40.47	02:49.91	03:00.67	
		06:06.73	05:46.89	05:24.66	05:21.40	05:08.74	04:55.98	400Free	05:15.26	05:34.38	05:37.11	05:39.84	05:53.24	06:11.49		
								800Free	11:01.01	11:46.86	11:50.08	12:00.46	12:18.46	13:03.90		
		24:17.75	22:58.90	21:30.51	20:58.87	20:27.22	19:36.51	1500Free								
							00:34.15	50Back	00:36.62							
01:38.43	01:36.81	01:32.24	01:26.59	01:23.43	01:20.84	01:18.25	01:11.68	100Back	01:17.11	01:21.58	01:22.87	01:24.10	01:25.17	01:28.82	01:33.70	01:38.43
	03:24.79	03:21.44	03:07.04	03:02.93	02:57.05	02:51.18	02:41.31	200Back	02:48.39	02:58.65	02:59.91	03:02.32	03:05.26	03:12.05	03:21.05	
							00:39.76	50Breast	00:42.46							
01:54.80	01:50.42	01:44.77	01:40.30	01:36.92	01:31.36	01:29.05	01:21.72	100Breast	01:28.56	01:33.75	01:32.40	01:36.48	01:39.00	01:42.38	01:48.57	01:54.80
	03:58.99	03:48.23	03:38.66	03:22.72	03:17.91	03:13.10	03:02.47	200Breast	03:14.39	03:22.44	03:30.49	03:31.05	03:37.17	03:42.89	03:49.32	
00:44.65	00:42.54	00:38.26					00:31.00	50Fly	00:35.10					00:37.94	00:40.97	00:44.65
	01:36.29	01:26.81	01:25.63	01:24.44	01:20.15	01:15.57	01:07.73	100Fly	01:15.52	01:21.09	01:24.90	01:25.98	01:27.05	01:33.28	01:37.94	
	03:32.70	03:22.55	03:14.07	03:06.68	03:00.69	02:54.69	02:43.27	200Fly	03:00.17	03:11.29	03:14.44	03:17.59	03:20.86	03:24.50	03:34.72	
								100IM								
	03:29.07	03:15.44	03:04.57	02:58.96	02:45.18	02:40.27	02:35.35	200IM	02:47.89	02:57.75	02:59.04	03:03.33	03:03.82	03:12.48	03:23.93	
		06:52.70	06:30.96	06:19.74	06:01.05	05:42.36	05:32.53	400IM	06:04.18	06:17.32	06:19.92	06:24.70	06:29.48	06:46.79		