Lisburn City Swimming Club Short Course Records

D 2003+	C 2004/05	B 2006/07	A 2008/09	DISTANCE	A 2008/09	B 2006/07	C 2004/05	D 2003+
		00:15.46 L Bethel	00:16.47 L Bethel	**25m Backstroke**	00:16.97 M Graham	00:16.39 M Williamson		
00:30.29 C Richards	00:32.04 Cara ONeill Campbell 17-Nov-18	00:31.21 L Bethel	00:35.22 L Bethel	**50m Backstroke**	00:37.10 M Graham	00:32.68 M Williamson	00:30.10 N Galloway	00:27.30 N McGrann
01:04.90 C Richards	01:05.98 C Richards	01:07.61 L Bethel	01:15.73 L Bethel	**100m Backstroke**	01:19.69 M Williamson	01:09.68 M Williamson	01:04.80 N Galloway	00:58.42 N McGrann
02:18.41 C Richards	02:22.12 C Richards	02:26.02 L Bethel	02:38.43 L Bethel	**200m Backstroke**	02:47.35 N McGrann	02:28.05 M Williamson	02:16.64 P Sands	02:06.93 N WIffen Nov-17
		00:17.76 M O'Kane 14-Apr-18	00:18.82 M O'Kane	**25m Breaststroke**	00:17.01 M Williamson	00:16.90 M Williamson		
00:33.45 S McCracken	00:35.44 S McCracken	00:38.00 A McNamara 11-Feb-2018	00:43.04 N Teggart	**50m Breaststroke**	00:38.66 M Williamson	00:34.87 M Williamson	00:31.81 M Williamson	00:28.94 M Williamson
01:11.97 S Brown	01:15.00 S McCracken	01:20.32 Moya O'Kane 21-Oct-18	01:29.32 N Teggart	**100m Breaststroke**	01:21.88 M Williamson	01:14.47 M Williamson	01:07.99 M Williamson	01:01.98 M Williamson
02:32.26 S Brown	02:42.54 S Brown	03:00.55 C Kirkpatrick	03:08.54 M O'Kane	**200m Breaststroke**	02:56.37 M Williamson	02:37.02 M Williamson	02:21.94 M Williamson	02:10.58 M Williamson
		00:14.28 R Bethel	00:15.78 R Bethel	**25m Butterfly**	00:15.78 M Graham	00:15.25 K Logan		
00:27.92 B Carson	00:30.13 R Bethel	00:30.88 R Bethel	00:35.85 R Bethel	**50m Butterfly**	00:35.18 M Graham	00:31.85 J Allison	00:28.52 K Logan	00:25.49 N McGrann
01:00.80 B Carson	01:05.01 N Pollock	01:06.04 R Bethel	01:20.95 M O'Kane	**100m Butterfly**	01:18.93 N McGrann	01:09.92 K Logan	01:01.68 K Logan	00:56.69 N Jennings
02:17.54 B Carson	02:25.11 N Pollock	02:29.18 R Bethel	02:55.50 L Bethel	**200m Butterfly**	02:56.01 N McGrann	02:32.18 K Logan	02:19.97 J Allison	02:09.50 J Allison 04-Feb-2018
00:13.24 C Cummings		00:13.81 R Bethel	00:13.90 R Bethel	**25m Freestyle**	00:14.26 R McIlveen	00:13.18 R McIlveen		
00:26.17 B Carson	00:27.40 B Carson	00:27.07 R Bethel	00:29.91 L Bethel	**50m Freestyle**	00:30.20 R McIlveen	00:28.64 M Walkser	00:26.13 P McKenna	00:23.44 N McGrann
00:55.57 B Carson	00:57.45 R Bethel	00:58.26 R Bethel	01:05.48 L Bethel	**100m Freestyle**	01:08.06 R McIlveen	01:01.87 R Symth	00:55.23 P McKenna	00:51.26 N McGrann
01:59.07 B Carson	02:03.40 R Bethel	02:04.20 R Bethel	02:22.31 L Bethel	**200m Freestyle**	02:26.19 M Williamson	02:13.52 G Moore	01:59.22 D Wiffen Jan-16	01:55.13 A Matthews
04:13.05 R Bethel Jan-16	04:22.88 R Bethel	04:23.40 R Bethel	05:02.98 L Bethel	**400m Freestyle**	05:07.81 M Williamson	04:36.81 M Williamson	04:13.17 D Wiffen	03:58.93 D Wiffen 15-Apr-2018
08:43.49 R Bethel	08:59.05 R Bethel	09:06.99 R Bethel	10:28.77 L Bethel	**800m Freestyle**			08:37.07 D Wiffen - Standard Jan-16	08:12.79 D Wiffen Nov-17
16:53.06 B Carson	18:03.78 B Carson	18:44.26 J Robson Standard 18 Nov 18		**1500m Freestyle**	20:07.34 R McIlveen	18:11.20 M Williamson	16:37.21 D Wiffen	15:41.49 D Wiffen

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01:06.76 S Brown	01:09.52 B Carson	01:15.38 L Pinkerton	01:18.19 L Bethel	**100m IM 4 x 25m**	01:19.78 P Cox	01:10.72 M Williamson	01:04.15 M Williamson	00:58.02 M Williamson
02:19.29 B Carson	02:25.69 B Carson	02:36.90 V Hunter	02:51.27 L Bethel	**200m IM 4 x 50m**	02:47.89 M Williamson	02:29.66 M Williamson	02:16.49 M Williamson	02:04.08 M Williamson
04:54.20 B Carson	05:06.60 B Carson	05:20.91 L Bethel	06:05.02 L Bethel	**400m IM 4 x 100m**	05:55.84 M Williamson	05:14.63 M Williamson	04:51.35 M Williamson	04:30.91 M Williamson
00:59.70 D Cummings S Brown, J Logan R Hill	01:02.95 L Pinkerton J Cross, S O'Hara J Smythe	01:06.11 L Pinkerton L Erwin, H Wilson J Smythe	01:12.25 L Pinkerton L Erwin, H Wilson J Smythe	**100m Medley Relay 4 x 25m**	01:12.86 N McGrann P Williamson. M Williamson J White,	01:03.96 M & P Williamson, N McGrann R Smyth	00:58.07 N McGrann R Smyth, M & P Williamson	00:51.91 N McGrann M Williamson, D Simpson S Sheppard
02:02.32 Z Dickey S McCracken, Nat Pollock R Bethel	02:08.13 Z Dickey H Dowds, R Bethel L Walker	02:15.03 L Bethel C Quinn Nad Pollock A Jennings	02:32.36 M Morrison S Graham, J Bingham R Smyth	**200m Medley Relay 4 x 50m**	02:33.13 K Abelekhob J Rowland, J Clemments M Sinclaire	02:12.94 M & P Williamson, N McGrann R Smyth	02:02.65 N Taylor S McIlveen, G Moore L McCallan	01:49.76 M Williamson D McIlroy, N McGrann D Simpson
04:29.93 C Richards, A Hunter, S McCracken, N Pollock	04:35.95 L Bethel L Mees A Cross H McMath			**400m Medley Relay 4 x 100m**				03:51.73 N McGrann M Williamson, D McIlroy S Sheppard
00:54.94 D Cummings, J Logan, R Hill, S Brown	00:56.95 L Pinkerton J Cross, S O'Hara J Smythe	00:57.36 J Bingham L Scott, M Morrison R Smyth	01:06.79 L Erwin J Smythe, L Pinkerton H Wilson	**100m Freestyle Relay 4 x 25m**	01:05.12 N McGrann J White, M Williamson P Williamson	00:56.14 K Abelekhoob R McIlveen, J Clements J Rowland	00:51.98 I Erwin A Ferguson, M Campfield S Sheppard	00:47.64 P Williamson D Simpson, R McCreary S Sheppard
01:50.41 B Carson N Pollock C Richards, R Smyth	01:54.53 R Bethel L Walker, Z Dickey L Bethel	01:58.80 R Bethel V Hunter, L Walker Z Dickey	02:16.00 A Seawright R Sands N Dowie R Bethel	**200m Freestyle Relay 4 x 50m**	02:12.06 K Abelekhob J Rowland, J Clemments M Sinclair	02:00.05 A Matthews K McIlveen, J Rowland O Derry	01:49.52 N Galloway R Allison, P Sands M Walker	01:39.00 N Jennings D Wiffen J Fleming N Wiffen
03:53.25 R Bethel B Carson, C Richards N Pollock	04:06.22 F Murphy L McLernon, S Bamford B Carson			**400m Freestyle Relay 4 x 100m**				03:33.16 N McGrann M Williamson, D McIlroy S Sheppard
				200m Mixed Medley 4 x 50m Relay				01:57.10 N Wiffen S McCracken N Jennings N Pollock
				300m Freestyle Relay 6 x 50m				02:29.55 M Williamson D McIlroy, N McGrann G McGrann, S Sheppard R Johnston
08:48.05 R Bethel L Bethel, E Purdy N Pollock	09:11.66 Standard			**800m Freestyle Relay 4 x 200m**				07:45.05 J Fleming D Wiffen O Mallon N Jennings Dec 2016

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