

Swim Ulster Open LC Championships 2019 - 26/04/2019 to 28/04/2019**Session Report**

Session: 1 Friday AM - Warm Up 8am - Start 9am

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	1 Boys 15 & Over 200 Breaststroke	20	2	09:00 AM	_____
Prelims	2 Girls 15 & Over 100 Breaststroke	28	3	09:08 AM	_____
Finals	3 Boys 15 & Over 1500 Freestyle	9	1	09:14 AM	_____
Prelims	4 Girls 15 & Over 100 Backstroke	28	3	09:34 AM	_____
Prelims	5 Boys 15 & Over 100 Backstroke	25	3	09:40 AM	_____
Prelims	6 Girls 15 & Over 50 Freestyle	34	4	09:46 AM	_____
Prelims	7 Boys 15 & Over 50 Butterfly	20	2	09:50 AM	_____
Prelims	8 Girls 15 & Over 200 Butterfly	10	1	09:52 AM	_____
Prelims	9 Boys 15 & Over 200 Freestyle	30	3	09:56 AM	_____
Finals	10 Girls 15 & Over 400 Freestyle	26	3	10:04 AM	_____
Prelims	11 Boys 15 & Over 200 IM	26	3	10:21 AM	_____
Finals	12 Girls 15 & Over 400 Medley Relay	7	1	10:31 AM	_____
Finals	13 Boys 15 & Over 400 Medley Relay	6	1	10:36 AM	_____
	Swimmers Counts for Warm-ups: 147	=====	=====		
	Entry / Heat Totals:	269	30		
	Finish Time			10:42 AM	_____

Session: 2 Friday Mid - Warm Up 11am - Start 12am

Day of Meet: 1 Starts at 12:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	15 Girls 11-14 100 Breaststroke	41	5	12:00 PM	_____
Prelims	14 Boys 11-14 200 Breaststroke	35	4	12:11 PM	_____
Finals	16 Boys 11-14 1500 Freestyle	0	0	12:27 PM	_____
Prelims	17 Girls 11-14 100 Backstroke	31	4	12:27 PM	_____
Prelims	18 Boys 11-14 100 Backstroke	35	4	12:35 PM	_____
Prelims	19 Girls 11-14 50 Freestyle	34	4	12:44 PM	_____
Prelims	20 Boys 11-14 200 Freestyle	26	3	12:49 PM	_____
Prelims	21 Girls 11-14 200 Butterfly	13	2	12:59 PM	_____
Prelims	22 Boys 11-14 200 IM	38	4	01:06 PM	_____
Finals	23 Girls 11-14 400 Freestyle	36	4	01:20 PM	_____
Finals	24 Boys 11-14 400 Medley Relay	4	1	01:45 PM	_____
Finals	25 Girls 11-14 400 Medley Relay	7	1	01:51 PM	_____
	Swimmers Counts for Warm-ups: 156	=====	=====		
	Entry / Heat Totals:	300	36		
	Finish Time			01:57 PM	_____

Swim Ulster Open LC Championships 2019 - 26/04/2019 to 28/04/2019**Session Report**

Session: 3 Friday Finals - Warm Up 4pm Start 5pm

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	14 Boys 11-14 200 Breaststroke	20	2 u	05:00 PM	_____
Finals	1 Boys 15 & Over 200 Breaststroke	20	2 u	05:08 PM	_____
Finals	15 Girls 11-14 100 Breaststroke	20	2 u	05:14 PM	_____
Finals	2 Girls 15 & Over 100 Breaststroke	20	2 u	05:18 PM	_____
Finals	17 Girls 11-14 100 Backstroke	20	2 u	05:22 PM	_____
Finals	4 Girls 15 & Over 100 Backstroke	20	2 u	05:26 PM	_____
	Break: 10 Minutes: Medals 14 1 15 2				
Finals	18 Boys 11-14 100 Backstroke	20	2 u	05:40 PM	_____
Finals	5 Boys 15 & Over 100 Backstroke	20	2 u	05:44 PM	_____
Finals	7 Boys 15 & Over 50 Butterfly	20	2 u	05:47 PM	_____
Finals	19 Girls 11-14 50 Freestyle	20	2 u	05:49 PM	_____
Finals	6 Girls 15 & Over 50 Freestyle	20	2 u	05:51 PM	_____
	Break: 10 Minutes: Medals 17 4 18 5				
Finals	20 Boys 11-14 200 Freestyle	20	2 u	06:03 PM	_____
Finals	9 Boys 15 & Over 200 Freestyle	20	2 u	06:09 PM	_____
Finals	21 Girls 11-14 200 Butterfly	13	2 u	06:14 PM	_____
Finals	8 Girls 15 & Over 200 Butterfly	10	2 u	06:21 PM	_____
	Break: 10 Minutes: Medals 7 19 6				
Finals	22 Boys 11-14 200 IM	20	2 u	06:37 PM	_____
Finals	11 Boys 15 & Over 200 IM	20	2 u	06:43 PM	_____
	Break: 10 Minutes: Medals 20 9 21 8 22 11				
	Swimmers Counts for Warm-ups: 207	=====	=====		
	Entry / Heat Totals:	323	34		
	Finish Time			06:59 PM	_____

Session: 4 Saturday AM - Warm Up 8am-Start 9am

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	26 Boys 15 & Over 400 IM	8	1	09:00 AM	_____
Finals	27 Girls 15 & Over 800 Freestyle	8	1	09:06 AM	_____
Prelims	28 Boys 15 & Over 50 Backstroke	20	2	09:18 AM	_____
Prelims	29 Girls 15 & Over 50 Backstroke	28	3	09:20 AM	_____
Prelims	30 Boys 15 & Over 100 Breaststroke	25	3	09:24 AM	_____
Prelims	31 Girls 15 & Over 100 Butterfly	35	4	09:30 AM	_____
Prelims	32 Boys 15 & Over 200 Butterfly	12	2	09:37 AM	_____
Finals	33 Girls 15 & Over 400 IM	12	2	09:43 AM	_____
Prelims	34 Boys 15 & Over 100 Freestyle	35	4	09:56 AM	_____
Prelims	35 Girls 15 & Over 50 Breaststroke	15	2	10:02 AM	_____
Finals	36 Boys 15 & Over 800 Freestyle	12	2	10:05 AM	_____
Prelims	37 Girls 15 & Over 200 Freestyle	40	4	10:26 AM	_____
Finals	38 Boys 15 & Over 400 Freestyle Relay	5	1	10:37 AM	_____
Finals	39 Girls 15 & Over 400 Freestyle Relay	8	1	10:42 AM	_____
	Swimmers Counts for Warm-ups: 149	=====	=====		
	Entry / Heat Totals:	263	32		
	Finish Time			10:47 AM	_____

Swim Ulster Open LC Championships 2019 - 26/04/2019 to 28/04/2019**Session Report**

Session: 5 Saturday Mid - Warm Up 11am-Start 12pm

Day of Meet: 2 Starts at 12:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	40 Boys 11-14 400 IM	8	1	12:00 PM	_____
Finals	41 Girls 11-14 800 Freestyle	13	2	12:07 PM	_____
Prelims	42 Boys 11-14 100 Breaststroke	42	5	12:32 PM	_____
Prelims	43 Girls 11-14 100 Butterfly	25	3	12:42 PM	_____
Prelims	44 Boys 11-14 200 Butterfly	13	2	12:49 PM	_____
Finals	45 Girls 11-14 400 IM	14	2	12:56 PM	_____
Prelims	46 Boys 11-14 100 Freestyle	39	4	01:09 PM	_____
Prelims	47 Girls 11-14 200 Freestyle	36	4	01:16 PM	_____
Finals	48 Boys 11-14 800 Freestyle	13	2	01:28 PM	_____
Finals	49 Girls 11-14 400 Freestyle Relay	8	1	01:54 PM	_____
Finals	50 Boys 11-14 400 Freestyle Relay	3	1	02:00 PM	_____
	Swimmers Counts for Warm-ups: 128	=====	=====		
	Entry / Heat Totals:	214	27		
	Finish Time			02:04 PM	_____

Session: 6 Saturday Finals - Warm Up 4pm-Start 5pm

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	28 Boys 15 & Over 50 Backstroke	20	2 u	05:00 PM	_____
Finals	29 Girls 15 & Over 50 Backstroke	20	2 u	05:03 PM	_____
Finals	42 Boys 11-14 100 Breaststroke	20	2 u	05:06 PM	_____
Finals	30 Boys 15 & Over 100 Breaststroke	20	2 u	05:09 PM	_____
Finals	43 Girls 11-14 100 Butterfly	20	2 u	05:13 PM	_____
Finals	31 Girls 15 & Over 100 Butterfly	20	2 u	05:16 PM	_____
	Break: 10 Minutes: Medals 28 29 30 42				
Finals	44 Boys 11-14 200 Butterfly	13	2 u	05:30 PM	_____
Finals	32 Boys 15 & Over 200 Butterfly	12	2 u	05:36 PM	_____
Finals	35 Girls 15 & Over 50 Breaststroke	15	2 u	05:42 PM	_____
Finals	46 Boys 11-14 100 Freestyle	20	2 u	05:44 PM	_____
	Break: 10 Minutes: Medals 43 31 44 32				
Finals	34 Boys 15 & Over 100 Freestyle	20	2 u	05:57 PM	_____
Finals	37 Girls 15 & Over 200 Freestyle	20	2 u	06:00 PM	_____
Finals	47 Girls 11-14 200 Freestyle	20	2 u	06:06 PM	_____
	Break: 10 Minutes: Medals 35 46 34 37 47				
	Swimmers Counts for Warm-ups: 177	=====	=====		
	Entry / Heat Totals:	240	26		
	Finish Time			06:21 PM	_____

Swim Ulster Open LC Championships 2019 - 26/04/2019 to 28/04/2019**Session Report**

Session: 7 Sunday AM - Warm Up 8am - Start 9am

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	51 Girls 15 & Over 800 Freestyle Relay	4	1	09:00 AM	_____
Finals	52 Boys 15 & Over 800 Freestyle Relay	3	1	09:10 AM	_____
Prelims	53 Girls 15 & Over 200 IM	22	3	09:19 AM	_____
Prelims	54 Boys 15 & Over 50 Breaststroke	19	2	09:29 AM	_____
Prelims	55 Girls 15 & Over 50 Butterfly	33	4	09:31 AM	_____
Prelims	56 Boys 15 & Over 200 Backstroke	25	3	09:35 AM	_____
Prelims	57 Girls 15 & Over 200 Backstroke	26	3	09:46 AM	_____
Prelims	58 Boys 15 & Over 50 Freestyle	37	4	09:56 AM	_____
Prelims	59 Girls 15 & Over 200 Breaststroke	20	2	10:00 AM	_____
Prelims	60 Boys 15 & Over 100 Butterfly	36	4	10:08 AM	_____
Prelims	61 Girls 15 & Over 100 Freestyle	42	5	10:14 AM	_____
Finals	62 Boys 15 & Over 400 Freestyle	17	2	10:22 AM	_____
Finals	63 Girls 15 & Over 1500 Freestyle	5	1	10:33 AM	_____
Finals	64 Mixed 15 & Over 400 Medley Relay	6	1	10:55 AM	_____
	Swimmers Counts for Warm-ups: 164	=====	=====		
	Entry / Heat Totals:	295	36		
	Finish Time			11:01 AM	_____

Session: 8 Sunday Mid - Warm Up 11am - Start 12pm

Day of Meet: 3 Starts at 12:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	65 Girls 11-14 800 Freestyle Relay	5	1	12:00 PM	_____
Finals	66 Boys 11-14 800 Freestyle Relay	3	1	12:11 PM	_____
Prelims	67 Women 11-14 200 IM	40	4	12:22 PM	_____
Prelims	68 Men 11-14 200 Backstroke	28	3	12:36 PM	_____
Prelims	69 Women 11-14 200 Backstroke	29	3	12:48 PM	_____
Prelims	70 Men 11-14 50 Freestyle	33	4	12:59 PM	_____
Prelims	71 Women 11-14 200 Breaststroke	36	4	01:03 PM	_____
Prelims	72 Men 11-14 100 Butterfly	31	4	01:19 PM	_____
Prelims	73 Women 11-14 100 Freestyle	34	4	01:27 PM	_____
Finals	74 Men 11-14 400 Freestyle	22	3	01:34 PM	_____
Finals	75 Women 11-14 1500 Freestyle	6	1	01:52 PM	_____
Finals	76 Mixed 11-14 400 Medley Relay	6	1	02:14 PM	_____
	Swimmers Counts for Warm-ups: 140	=====	=====		
	Entry / Heat Totals:	273	33		
	Finish Time			02:20 PM	_____

Swim Ulster Open LC Championships 2019 - 26/04/2019 to 28/04/2019**Session Report**

Session: 9 Sunday Finals - Warm Up 4pm - Start 5pm

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	67 Women 11-14 200 IM	20	2 u	05:00 PM	_____
Finals	53 Girls 15 & Over 200 IM	20	2 u	05:07 PM	_____
Finals	54 Boys 15 & Over 50 Breaststroke	19	2 u	05:13 PM	_____
Finals	55 Girls 15 & Over 50 Butterfly	20	2 u	05:15 PM	_____
Finals	68 Men 11-14 200 Backstroke	20	2 u	05:17 PM	_____
Finals	56 Boys 15 & Over 200 Backstroke	20	2 u	05:24 PM	_____
	Break: 10 Minutes: Medals 67 53 54 55				
Finals	69 Women 11-14 200 Backstroke	20	2 u	05:40 PM	_____
Finals	57 Girls 15 & Over 200 Backstroke	20	2 u	05:47 PM	_____
Finals	70 Men 11-14 50 Freestyle	20	2 u	05:54 PM	_____
Finals	58 Boys 15 & Over 50 Freestyle	20	2 u	05:56 PM	_____
	Break: 10 Minutes: Medals 68 56 69 57				
Finals	71 Women 11-14 200 Breaststroke	20	2 u	06:08 PM	_____
Finals	59 Girls 15 & Over 200 Breaststroke	20	2 u	06:15 PM	_____
Finals	72 Men 11-14 100 Butterfly	20	2 u	06:22 PM	_____
Finals	60 Boys 15 & Over 100 Butterfly	20	2 u	06:25 PM	_____
	Break: 10 Minutes: Medals 70 58 71 59				
Finals	73 Women 11-14 100 Freestyle	20	2 u	06:39 PM	_____
Finals	61 Girls 15 & Over 100 Freestyle	20	2 u	06:42 PM	_____
	Break: 10 Minutes: Medals 72 60 73 61				
	Swimmers Counts for Warm-ups: 207	=====	=====		
	Entry / Heat Totals:	319	32		
	Finish Time			06:55 PM	_____