****

**Nomination Form for**

**Swim Ulster Performance Coach of the Year Awards**

**CLOSING DATE FRIDAY 18th OCTOBER 2019**

**For 2018/19 season**

**Nominee**

|  |  |
| --- | --- |
| Name |  |
| Club |  |
| Email |  |
| Coaching Qualifications |  |
| License Number |  |
| Number of years coaching |  |
| Level of athletes coached |  |
| Attendance at Irish / Ulster Squad events |  |
| Number of athletes on Irish / Ulster squads |  |
| National / International competitions attended |  |

**Achievements**

|  |
| --- |
| Details of Achievements in 2018/19 season |

**Impact**

|  |
| --- |
| How has this coach made a positive impact on the club / to the sport / to an individual during the 2018/19 season? |

**Dedication**

|  |
| --- |
| Give details of the nominees dedication and their contribution to the club and sport of swimming |

.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Full time (paid) |  | Part time (paid) |  | As a volunteer |  |

|  |
| --- |
| Number of hours coaching per week |

**Continuing Personal Development**

|  |
| --- |
| Please provide evidence of how the nominee has developed his or her skills as a coach and kept up to date. This could be by their attitude and commitment to CPD through e-learning and webinars, attending workshops, working with fellow coaches or other ways |

**Additional Supporting Information**

|  |
| --- |
|  |

**Declaration**

I hereby nominate **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

For **Performance Coach of the year Award.**

I confirm the details given in support o**f this nomination are accurate.**

**Signed** **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Position \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Club \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

PLEASE SEND TO;

Ruth McQuillan

ruth@swimulster.net

or post to

Ruth McQuillan

Swim Ulster

Aurora Aquatic & Leisure Complex

3 Valentine Rd

Bangor

BT20 4TH