



## Development Meets 2019-2020 Meet Information

There will be 5 Development Meets held throughout the 2019-2020 season to provide swimmers with opportunities to achieve the qualifying criteria for the Ulster Qualifying Meets. The first 2 Development Meets will be held at 6 lane centres and will be divided into regions as follows:

North	South
Alliance, Ards, Ballymena, Ballymoney, Bangor, City of Belfast, Coleraine, Donegall, Larne, Leander, Limavady, Lisburn, Mid Ulster, Olympia, Templemore	Armagh, Banbridge, Breifne, City of Derry, Cookstown, Dungannon, East Cavan, Enniskillen, Kilkeel, Lecale, Lurgan, Marlins, Newry & Mourne, Portadown, Sliabh Beagh, Strule Dolphins, Swilly Seals, Riversdale Otters

Meet	Date	Venue	Closing Date for Entries / Payment
Development Meet 1 North	5 <sup>th</sup> October 2019	Larne	<b>27.9.19</b>
Development Meet 1 South	6 <sup>th</sup> October 2019	Omagh	<b>27.9.19</b>
Development Meet 2 North	30 <sup>th</sup> November 2019	Larne	<b>22.11.19</b>
Development Meet 2 South	1 <sup>st</sup> December 2019	Armagh	<b>22.11.19</b>
Development Meet 3 - All	26 <sup>th</sup> January 2020	Newry	<b>17.1.20</b>
Development Meet 4 - All	29 <sup>th</sup> February 2020	Lisnasharragh	<b>21.2.20</b>
Development Meet 5 - All	17 <sup>th</sup> May 2020	Lisburn	<b>8.5.20</b>

**Age Groups:** Minimum entry age is 10 yrs

Female 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15&over

Male 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15&over

**Age Up Date:** Development Meet 1 & 2 – 31<sup>st</sup> December 2019  
Development Meets 3, 4 & 5 – 31<sup>st</sup> December 2020

**Events:** 50m Butterfly  
100m Backstroke, 100m Breaststroke, 100m Freestyle  
100m IM, 200IM  
200m Freestyle

**Awards:** Medals will be awarded to the fastest 3 swimmers in each age group in each event except for the 10yrs 100m IM and 11yrs 200m IM where the emphasis is on skills assessment (legal strokes and streamlining)

**Multi-Class / Disability Swimmers** will, as far as is practical, swim together in a Multi-Class heat.

**Entries:** Swimmers entering this meet must be a member of a Swim Ulster affiliated club. No entry times will be published however all entries must include a time. NTs will not be accepted. Entries to be emailed to [admin@swimulster.net](mailto:admin@swimulster.net)

***Swimmers can enter a maximum of 3 events***

**Price:** £5 or €6 per event - Payment should be forwarded to the Swim Ulster Office by the closing date



## Programme of Events

***\*\*Due to Swim Ireland Licensing restrictions, session times must not exceed 4 hours per session – session times may be changed if there are a large number of entries***

Development Galas 1 & 3 & 5	Development Gala 2 & 4
<b>Session 1</b> <b>(**Warm-up 9.00am – Start 10am)</b>	<b>Session 1</b> <b>(**Warm-up 9.00am – Start 10am)</b>
Female 10&over 100m IM	Male 11&over 200m Freestyle
Male 10&over 100m IM	Female 11&over 200m Freestyle
Female 11&over 200m IM	Male 10&over 100m Backstroke
Male 11&over 200m IM	Female 10&over 100m Backstroke
Female 10&over 100m Freestyle	Male 10&over 100m Breaststroke
Male 10&over 100m Freestyle	Female 10&over 100m Breaststroke
	Male 10&over 50m Butterfly
	Female 10&over 50m Butterfly
<b>Session 2</b> <b>(**Warm-up 1.30pm – Start 2.30pm)</b>	<b>Session 2</b> <b>(**Warm-up 1.30pm – Start 2.30pm)</b>
Male 11&over 200m Freestyle	Female 10&over 100m IM
Female 11&over 200m Freestyle	Male 10&over 100m IM
Male 10&over 100m Backstroke	Female 11&over 200m IM
Female 10&over 100m Backstroke	Male 11&over 200m IM
Male 10&over 100m Breaststroke	Female 10&over 100m Freestyle
Female 10&over 100m Breaststroke	Male 10&over 100m Freestyle
Male 10&over 50m Butterfly	
Female 10&over 50m Butterfly	



**Swim Ulster Qualifying Meet**  
**Qualifying Times 2019 (up to 31<sup>st</sup> December 2019)**  
**(Short Course)**

Female									Male							
17&over	16yrs	15yrs	14yrs	13yrs	12yrs	11yrs	10yrs		10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs	17&over
00:30.49	00:30.76	00:31.59	00:32.10	00:34.08	00:34.94			50m Free			00:35.13	00:33.56	00:31.98	00:30.41	00:29.15	00:28.15
01:07.42	01:09.05	01:09.69	01:10.33	01:11.72	01:15.97	01:21.09	01:27.00	100m Free	01:27.00	01:22.89	01:15.96	01:10.96	01:06.77	01:05.10	01:02.40	01:00.72
02:27.34	02:30.93	02:33.47	02:34.32	02:37.95	02:46.04	02:58.07		200m Free		03:02.97	02:46.45	02:35.21	02:28.28	02:26.43	02:20.64	02:16.00
05:17.57	05:27.83	05:30.50	05:33.17	05:46.31	06:02.34	06:24.82		400m Free		06:19.11	05:59.54	05:40.09	05:18.29	05:15.09	05:02.68	04:55.60
11:00.23	11:17.05	11:22.40	11:31.96	11:53.30	12:39.61			800m Free								
								1500m Free			23:49.17	22:31.86	21:05.20	20:34.18	20:03.16	19:35.02
00:37.34	00:37.34	00:37.34						50m Back						00:35.06	00:35.06	00:35.06
01:17.59	01:19.98	01:21.25	01:22.16	01:23.06	01:27.08	01:32.27	01:38.00	100m Back	01:38.00	01:35.19	01:30.03	01:24.89	01:19.90	01:18.29	01:16.72	01:13.44
02:49.72	02:55.15	02:56.38	02:58.65	03:00.41	03:07.99	03:19.49		200m Back		03:20.38	03:14.33	03:02.83	02:59.34	02:53.58	02:47.82	02:42.45
00:42.31	00:42.31	00:42.31						50m Breast						00:39.86	00:39.86	00:39.86
01:27.84	01:29.82	01:31.49	01:34.31	01:37.28	01:39.53	01:46.57	01:54.00	100m Breast	01:54.00	01:50.43	01:42.72	01:37.35	01:33.07	01:27.07	01:25.60	01:22.47
03:13.47	03:18.47	03:22.02	03:25.58	03:27.76	03:37.25	03:49.61		200m Breast		03:52.31	03:42.72	03:34.37	03:18.74	03:10.09	03:09.32	03:02.85
00:34.58	00:34.58	00:34.58					00:45.00	50m Butterfly	00:45.00					00:32.15	00:32.15	00:32.15
01:16.35	01:19.50	01:23.24	01:24.29	01:25.34	01:31.45	01:44.05		100m Butterfly		01:47.16	01:25.11	01:23.95	01:22.79	01:17.95	01:14.09	01:10.08
03:00.83	03:07.54	03:10.63	03:13.71	03:16.92	03:20.49			200m Butterfly			03:18.58	03:10.27	03:03.02	02:57.14	02:51.26	02:43.73
							<b>01:42.00</b>	100m IM	<b>01:42.00</b>							
02:48.74	02:54.26	02:55.53	02:58.53	03:00.87	03:08.17	<b>03:20.05</b>		200m IM		<b>03:25.04</b>	03:08.82	03:00.95	02:50.92	02:44.08	02:41.23	02:36.37
06:01.96	06:09.92	06:12.47	06:19.96	06:28.85	06:37.74			400m IM			06:39.04	06:23.30	06:07.21	05:49.57	05:43.86	05:34.14

**Only applicable for swimmers aged 10-11yrs who competed in Qualifying Meets during the 2018-2019 season**



**Swim Ulster Qualifying Meet**  
**Qualifying Times 2019 (up to 31<sup>st</sup> December 2019)**  
**(Long Course)**

Female									Male							
17&over	16yrs	15yrs	14yrs	13yrs	12yrs	11yrs	10yrs		10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs	17&over
00:31.10	00:31.38	00:32.22	00:32.74	00:34.76	00:35.63			50m Free			00:35.83	00:34.23	00:32.62	00:31.02	00:29.73	00:28.71
01:08.77	01:10.43	01:11.08	01:11.74	01:13.15	01:17.49	01:22.71	01:28.74	100m Free	01:28.74	01:24.55	01:17.48	01:12.38	01:08.10	01:06.40	01:03.64	01:01.94
02:30.29	02:33.95	02:36.54	02:37.41	02:41.11	02:49.37	03:01.63		200m Free		03:06.63	02:49.78	02:38.31	02:31.24	02:29.36	02:23.45	02:18.72
05:23.92	05:34.38	05:37.11	05:39.84	05:53.24	06:09.59	06:32.52		400m Free		06:26.69	06:06.73	05:46.89	05:24.66	05:21.40	05:08.74	05:01.51
11:13.43	11:30.59	11:36.05	11:45.80	12:07.57	12:54.81			800m Free								
								1500m Free			24:17.75	22:58.90	21:30.51	20:58.86	20:27.22	19:58.52
00:38.09	00:38.09	00:38.09						50m Back						00:35.77	00:35.77	00:35.77
01:19.15	01:21.58	01:22.87	01:23.81	01:24.72	01:28.82	01:34.11	01:39.96	100m Back	01:39.96	01:37.09	01:31.83	01:26.59	01:21.49	01:19.85	01:18.25	01:14.91
02:53.11	02:58.65	02:59.91	03:02.22	03:04.02	03:11.75	03:23.48		200m Back		03:24.38	03:18.22	03:06.49	03:02.93	02:57.05	02:51.18	02:45.69
00:43.15	00:43.15	00:43.15						50m Breast						00:40.65	00:40.65	00:40.65
01:29.60	01:31.62	01:33.32	01:36.19	01:39.22	01:41.52	01:48.70	01:56.28	100m Breast	01:56.28	01:52.64	01:44.77	01:39.30	01:34.93	01:28.81	01:27.31	01:24.12
03:17.34	03:22.44	03:26.06	03:29.69	03:31.92	03:41.60	03:54.20		200m Breast		03:56.96	03:47.18	03:38.66	03:22.72	03:13.89	03:13.10	03:06.51
00:35.27	00:35.27	00:35.27					00:45.90	50m Butterfly	00:45.90					00:32.80	00:32.80	00:32.80
01:17.87	01:21.09	01:24.90	01:25.98	01:27.05	01:33.28	01:46.13		100m Butterfly		01:49.30	01:26.81	01:25.63	01:24.44	01:19.51	01:15.57	01:11.48
03:04.45	03:11.29	03:14.44	03:17.59	03:20.86	03:24.50			200m Butterfly			03:22.55	03:14.07	03:06.68	03:00.69	02:54.69	02:47.00
								100m IM								
02:52.11	02:57.75	02:59.04	03:02.10	03:04.49	03:11.93	<b>03:24.05</b>		200m IM		<b>03:29.14</b>	03:12.59	03:04.57	02:54.34	02:47.37	02:44.45	02:39.50
06:09.20	06:17.32	06:19.92	06:27.56	06:36.62	06:45.69			400m IM			06:47.02	06:30.96	06:14.56	05:56.56	05:50.73	05:40.82

**Only applicable for swimmers aged 10-11yrs who competed in Qualifying Meets during the 2018-2019 season**

